



We are pleased to offer MP4 students the chance to participate in the 'International Award for Young People' programme.

The award is a programme of activities for young people to do in their spare time. There are three Awards to try for: Bronze, Silver, and Gold. Gold takes the longest to do and is the hardest one to try for so we will start off by offering the Bronze Award which can be completed by the end of MP4.

To work for the Award participants simply have to choose one activity under each of these headings, and do it for a set length of time. For the Bronze award one activity must be for 6 months and two for 3 months.

Service: Be a local hero - help the community, the environment or even train to save a life...

Skills: Do something different, learn to cook, ride a unicycle anything is possible.

Physical Recreation Take up a new sport or improve your performance in one you already do. Virtually any sport, dance or fitness activity can count...

Expedition: Go on an expedition and find yourself. Train, plan and complete an adventurous journey in the countryside on foot, horseback, boat or cycle...

The Award challenging but very rewarding and we hope that MP4 students will be keen to take up the challenge.

For more detailed information about the Award please take a look at the following websites
www.award.nl (for information in Dutch)
www.theaward.org (for information in English)



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